## Tamanpreet Kaur

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**Career Objective :-**

To pursue a challenging career in a progressive environment where learning, innovation and creativity are encouraged, where my skills and knowledge can be enhanced to their maximum potential to contribute to the overall success and growth of the organization.

**Education:-**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Course** | **Stream** | **Board/University** | **Institution** | **Year of passing** | **% /CGPA** |
| M.A | Psychology | Panjab University | Dept.of Psychology, Panjab University | 2020 | Still pending |
| B.A(Honours) | Humanities | Panjab University | G.G.D.S.D. College, Chandigarh | 2018 | 80.5%  |
| XII | Humanities | CBSE | Vivek High School, Chandigarh | 2015 | 95% |
| X | General | CBSE | Saupin’s School, Chandigarh | 2013 | 9.2/10 |

**About Me:-**

* Certified Master Reiki Healer
* An inclination towards academics and creativity .
* Hard working and workaholic
* Punctual in completing the work
* Positive Thinker and attitude
* Patience and Consistency

**Current Employment**

* Counselor, Reiki Healer and Affirmation and Visualization Therapy coach at Thriive, India(An online counseling platform)
* Model United Nations and Oratory Coach, Learning Paths School, April 2018-Present.

**Past Employment**

* Content writer for Momnkids website.
* Content writer for Canam Consultants

**Internship Experience**

* Content writing for Express Minds, New Delhi
* Data Analyst in Tabschool
* Trainee in Department of Psychiatry and Advanced Cancer Unit in IVY Hospital, Mohali
* Intern at Indian National Portage Association(INPA) (present)
* Mental Health Awareness Worker at Poddar Foundation, Mumbai(present)
* Counselor at Well Being Volunteers United.(present)

**Social Work**

* General Secretary, Rotaract Club of Chandigarh, Northern Winds
* District Editor, Rotaract District Organisation 3080
* General Secretary, SD Rotaract Club(2017-2018)

**Certifications**

* Certificate of Distinction, Trinity College of London for Theatre
* Advanced Diploma in Event Management
* Certificate of Participation in a three day International conference on Integrative Medicine and Holistic Healing(Accredited 12 credits from Punjab Medical Council).
* Certificate of Participation in activity titled Covid-19 and Mental Health, American Psychiatry Association(APA)
* Certificate of completion of the course of Law of attraction and Self Hypnosis Effortless Manifestation, Udemy
* Certificate of Completion of 15 credits of International Certified Career Coach Program(ICCC), Mindler, India
* Certificate of Participation in Portage Training Workshop, INPA
* Certificate of Achievement in Meritorious Students Felicitation organized by ABVP, Panjab University.
* Certificate of completion of the Master Reiki Healer(Levels 1, 2 and 3) by Natural Healer Society, Australia and Udemy.

**Judging Events**

* Judge of the Business Conclave 2018, LPS, Mohali
* Judge of the Business Conclave 2019, LPS, Mohali

**Model United Nations(Organising)**

* Member in Organizing Committee(Delegate Affairs), VHS MUN 2014
* USG Cultural, SDMUN 2017
* Director General, EQMUN 2017
* Secretary General, SDMUN 2018
* Vice- Chairperson, UNGA, LPSMUN 2018
* Chargee D’ Affaires, SDMUN 2019
* Vice-President, UNHCR, Mock CCSMUN, 2019
* Chief Co Advisor, SSMUN 2019
* Vice-President, UNHRC, SSMUN 2019

**College/University**

* Received awards for academic achievement every year(Mid term+ Semester examinations)
* Head of the Organizing Committee for fresher’s and Farewell(2nd and 3rd Year)
* Organized the Cultural Fest for Humanities Department, Vivacity
* President of ‘AESTHESIA’, the club of Psychology Department.(2017-18)
* Vice- President of ‘AESTHESIA’, the club of Psychology Department.(2016-17)
* Organized an event in collaboration with CII on Entrepreneurship.(2018)
* A number of events with SD Rotaract Club
* Participated in GCG-11 Psychology Fest.
* Organized events with S4 Trust at regional levels.
* SDMUN 2017, 2018 and 2019.
* Position in top 5 of Panjab University, Master’s Examination.
* Member of Organizing Committee of International Psychology Conference, 2018 held at Panjab University.
* Head In charge of Organizing Committee of International Psychology Conference, 2019 held at Panjab University.
* Department Representative (DR) of Psychology Department, Panjab University.(2019-2020)

**School**

* Second Prize in Singing Competition
* Second Prize in Declamation
* Best Student Award for the session(2012-13)
* Lead role in a play at Tagore Theatre
* Company Secretary in JA Student Company, Vivek High School.
* Certificate of Distinction from Trinity College of London for Theatre
* Organized Annual Inter School Business Quiz(2014 and 2015)
* VHS MUN 2014

**Skill Set & Interests**

* Proficient in Microsoft Word, Office, Power Point and Excel.
* Bilingual: Fluent in English and Hindi.
* Theatre
* Reading
* Managing Events
* Efficient Communication Skills
* Convincing Skills
* Marketing
* Counselling/Healer